



News Notes

#1130 A weekly bulletin for residents of Auroville 7 May 2026



Photo by Alexey

Pondering



O Lord, inconceivable Splendour, may Thy Beauty spread through all the earth, may Thy Love be kindled in every heart and Thy Peace reign over all.

A deep and solemn chant, smiling and subtle, rises from my heart, and I do not know whether this chant goes from me to Thee or comes from Thee to me or whether Thou and I and the entire universe are this marvellous chant of which I have just become conscious. ... Surely there is no longer any Thou or I or any separate universe; only an immense harmony is there, sublime and infinite, which is all things and of which all things will one day grow aware. It is the harmony of boundless Love, Love victorious over all suffering and all obscurity.

The Mother, Prayers and Meditations

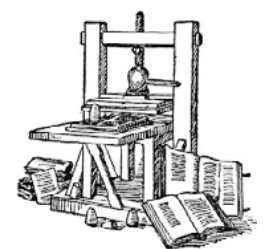
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House of Mother's Agenda



(continued from last week)

(As Satprem is about to leave:)

I wanted to mention something curious. Since you came up stairs in March, Sujata says that whenever she sees you at night she sees you taller than you were before!

Everyone says that—everyone!

Even I, when I see myself, I am very tall—what has happened?... It is the new being. I tell you, since the 12th [of April] there is.... When is it going to manifest in the physical? I don't know.

It is a subtle-physical being—not a vital but a subtle-physical being, and I am tall and strong.

Tell her she's not the only one who sees me this way—many do. When I see myself at night, that's how I see myself. Perhaps... well, this (*Mother touches her body*) would have to yield. But when? I don't know.

Ageless—something neither young nor old nor... something totally different. And tall, strong.

That's how I see myself.

And it is subtle-physical. You can tell her.

"It's peculiar," she says, "since March I have been seeing Mother taller."

Yes, something has come and wants to manifest here, so I am being prepared, I see plainly that I am being.... How to adapt this (*the body*)? That's the question.

They are experimenting! We'll see what's going to happen. This work is fairly new! (*Mother laughs.*)

So, Saturday then.

(silence)

This is just the kind of thing I am being told ("told" is a way of speaking—it is a knowledge; it is indisputable, much more indisputable than words and all that sort of thing): one day it will be concretely visible, people will see it. I am waiting! (*Mother laughs*) I am waiting for that.

But if I have to wait for that to show myself, well then... it will take quite some time.

Logically, of course, I should stay invisible until the day I appear in my new form. But it doesn't seem to be going quickly. For the moment, it's not changing... except for a kind of sensation of force entering the body—a sensation as if the new thing were PUSHING.¹ Something very concrete.

We'll see! We have to be patient.

Au revoir, petit.

You don't need anything?

¹ Like a chick pushing against its shell.

The Mother's Agenda, June 27, 1962

<https://incarnateword.in/agenda/3/june-27-1962>

Gangalakshmi HOMA

Townhall Speaks

GREENBELT SERVICE

Greenbelt Service, registered under FAMC, is mandated to implement all green cover related work in Auroville's Green Belt areas.

Any required work in these areas will be performed by the Greenbelt Service team along with their staff.

All residents in the green areas of Auroville are requested to contact them with their needs as and when it arises.

William, FAMC Admin

GUEST REGISTRATION SERVICE

Summer Schedule

9:30—12:30, Monday to Saturday

Guest Registration Service at Town Hall will be open only in the mornings during the month of May 2026 and closed in the afternoons.

grs@auroville.org.in

Rajeswari for Guest Registration Service Team

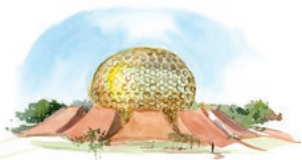
Community News

Matrimandir News & Schedules

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers:
 - daily, 6am—7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only:
 - daily, 9am—3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am—11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- *Savitri* Readings on Tuesday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.



Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday, 6—8am, 4:30—7:30pm.
- Sunday, 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to registered Volunteers:

- Every day, 4:30—6pm.
- Volunteers are requested to come and get their revised passes between 10—10:30 am from the Matrimandir office.
- **It is obligatory for the volunteers and pass holders to carry the pass with them.**

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in.

- Any day except Tuesday & Sunday, 8—8:25am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in.

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre. The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org.

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security. Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

*Antoine
for Matrimandir Executives Team*

AMPHITHEATRE:

Meditations at sunset with Savitri

6—6:30pm, every Thursday, weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Auocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Auocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Auorocards. **Last entry for guests at 5:45pm.** Access limited for guests to the Amphitheatre
- **Last exit for guests at 6:45pm.**

Velmurugan

Awakening Spirit

SAVITRI BHAVAN, MAY 2026



Exhibitions

9am—5pm, Sunday closed

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Films: Mondays, 4pm

- **11 May: About Savitri—Book 1: The Book of Beginnings, Canto 4—The Secret Knowledge, Part 2—**read and commented by The Mother.

The Mother, together with Huta, took up the project *About Savitri* in 1968—1970. The Mother read the lines from Sri Aurobindo's epic poem *Savitri* and commented on them. Her reading of *Savitri* and commentaries are given in this compilation of videos under the headings: *The Surface Vision of Man, The Earth-Goddess' Toil, and The Promise of Heaven.* The texts of *Savitri* and of The Mother's commentaries are displayed on the screen. *Duration: 29min.*

Most men do not understand the deeper meaning of life and the secret knowledge of evolution and its goal. In *Savitri* Sri Aurobindo wrote about that.

*In this dense field where nothing is plain or sure...
Out of the unknown we move to the unknown.*

(*Savitri*, p.49-50)

The Mother stated that for those who live on the surface "All seems unreal, useless, boresome. The only way to get out of this incertitude is to find the Divine and to live for the Divine. ... Perhaps now, after much trouble and much misery, after much hope and much failure, the world will at last turn towards the Light and the Truth..."

There is always more that needs to be transformed and enlightened.

The Earth-Goddess toils across the sands of Time...

*A light grows in her, she assumes a voice,
Her state she learns to read and the act she has done,
But the one needed truth eludes her grasp,
Herself and all of which she is the sign."* (p.50)

Always, the inner urge pushes everything and everyone to evolve and to know; the Earth-Goddess likes to know the Being in her and its Light and Truth.

All incarnated souls on earth need support in their process of elevation and opening to making life and the earth more conscious and beautiful and to be connected to higher and more luminous conscious realms. For this support, *Savitri*, the Divine Mother, incarnated on earth. She was the boon by the Supreme Divine Mother to King Aswapati's Tapasya and his wish to uplift earth and man.

About the heroine *Savitri*, the incarnation of The Divine Mother, The Mother commented the following: "Coming from the highest world, *Savitri* knew intuitively what must be and will be the possibilities of the beings who will live upon earth. But the possibility was already in Her because She had them from Her Origin. But, for the beings born upon earth and of earth-origin, they are to be acquired after a long transformation.

She came to announce what can be and to show that it is possible. But all the work upon earth was to be done and is yet mostly to be done and that means long efforts and serious preparation.

To know not only that it is a possibility but that it is a certitude and will certainly be when the time is come, helps the consciousness to make the necessary effort to hasten the advent of the right time.

She came to show what can be and will be. And that gives the energy to fulfill."

Thanks to the incarnations and works of Sri Aurobindo and The Mother and the descent of the Supramental consciousness force in 1956 and its continuous pouring down, the awareness of men is widening and so is the earth's consciousness. Since then, some parts of humanity have better understood and became more conscious of their souls and 'the riddle of the Immortal's birth in Time' and with this understanding, truer love and compassion in human beings could grow.

Each of the three small videos under different headings—compiled into one film—ends with the picture of The Mother and Sri Aurobindo with a zoom-in effect. Their coming closer allows us to open our psychic and receive their support and blessings. It also helps us to live from within and with the inner Divinity.

All videos of "ABOUT SAVITRI—The Mother's Commentary" are available on the AuroMaa website:

- <https://auromaa.org/about-savitri-the-mothers-commentary/>

The short video of the series **About Savitri | B1C4-06 The Promise of Heaven** is available on

- <https://auromaa.org/about-savitri-b1c4-06-the-promise-of-heaven-pp-51-52/>
- and on YouTube.

Full Moon Gathering

- **Saturday, 30 May, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Guided Yoga Nidra sessions

- **Every Tuesday, 11am—12noon**
@ Sangam Hall

Guided Yoga Nidra session, infused with the wisdom of The Mother and Sri Aurobindo and accompanied by a deeply restorative sound journey. This is a sacred space for deep inner rest, alignment and receptivity. As part of the practice, we invite you to prepare a Sankalpa—a short, positive sentence that serves as a crystallization of your spiritual aspiration. Please arrive a few minutes early.

Things to bring: A yoga mat if can or cushions are available to lie down.

Conducted by Sunny and Team

Dream Divine Series

- **Fridays, 4—5pm @ Sangam Hall of Savitri Bhavan**
Everyone is welcome

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville’s vision, life, and reality.

- **8 May: More Insights into Integral Yoga, presentation**

Ela will give a talk on ‘More Insights into Integral yoga’. It will happen for one and half hours. She will start with Integral yoga, and end with How to be a True Aurovilian.

Listening into Presence

- **Every Wednesday, 5—6pm @ Picture Gallery**
- **Every Saturday, 4—5pm @ Square Hall**

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies. Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies. *Guided by Misha (Mike).*



Exploring the Frontiers of Consciousness: Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an online contemplative study of Sri Aurobindo’s *Savitri*. The program began on 15 August 2025, focusing on selected cantos from Part One of *Savitri*. Bi-weekly sessions combine guided reflections (via Shradhdhavan’s recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.



Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more: savitribhavan@auroville.org.in

- www.savitribhavan.org

Light and Delight

- **Thursdays, 5—6:15pm @ Savitri Bhavan**

Light & Delight

Meditate on Huta’s paintings with lines from *Savitri*
Write & share your inspired poetry
Thursdays 5-6:15pm, Savitri Bhavan

Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom.

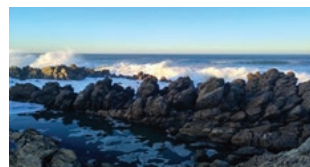
The Mother called Savitri “the supreme revelation of Sri Aurobindo’s vision”. She painted lines from this epic poem along with Huta, a sadhak from the Sri Aurobindo Ashram. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions.

We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders: Bring paper and pen, Come on time or 5-10 minutes earlier, Meet at Sri Aurobindo’s statue, Voluntary contribution to the venue. **Anandi Z.**

Reading on Nature

Animal and Plant Kingdom from the Mother and Sri Aurobindo’s writings with Aikya. Open group, eventually followed by small discussion/ sharing.



- **Wednesdays, 10:30—11:30am,**
@ Savitri Bhavan Library area

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays to Saturdays, 3—5pm:** L’Agenda de Mère: listening to recordings with Gangalakshmi
- **Wednesdays, 5—6pm & Saturdays 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shradhdhavan
- **Thursdays, 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Saturdays, 5—6:30pm:** Satsang led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm. **Margrit, Velmurugan & Dhanalakshmi**

AUROVILLE DISCOVERY PROGRAM

Every 3rd Saturday, 3—5pm

Work as a means of Inner Discovery

Volunteers, Interns, Staff & Workers:
Understand | Align | Contribute

Auroville is a living experiment in Human Unity. The Discovery Programme offers volunteers a grounded introduction to the practical functioning of the City — helping align work & attitude.

ATTEND TO GAIN

Every 3rd Saturday | 3:00-5:00 pm
Venue: Auditorium, Auroville Visitors' Centre.

Auroville's Purpose

Participation & Process

Lived Experience

Dialogue & Reflection

Clarity to Contribute

Participants may also choose to attend monthly and connect with the volunteer community.

www.auroville.org.in

Aware is hosting a monthly Auroville Discovery Programme for volunteers, staff, and workers who wish to better understand Auroville’s purpose, the spirit of work, and meaningful participation. **Includes** a short film, practical orientation, a talk by a seasoned Aurovilian, and open dialogue.

- Registration required: [Form link](#)

Sajiv for Aware Auroville

A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo

By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

BHARAT NIVAS

Scan for Location

Monisha

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother’s Flower Garden

All are welcome

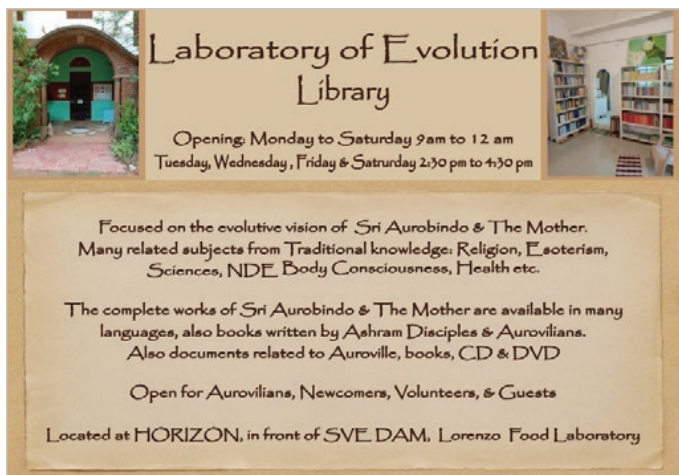
For queries: vidyamandir@auroville.org.in

Deven for Vidyamandir Auroville Team



Books

LABORATORY OF EVOLUTION LIBRARY



Laboratory of Evolution Library

Opening: Monday to Saturday 9am to 12 am
Tuesday, Wednesday, Friday & Saturday 2:30 pm to 4:30 pm

Focused on the evolutive vision of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotericism, Sciences, NDE, Body Consciousness, Health etc.

The complete works of Sri Aurobindo & The Mother are available in many languages, also books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD

Open for Aurovilians, Newcomers, Volunteers, & Guests

Located at HORIZON, in front of SVE DAM, Lorenzo Food Laboratory

Kalyani

AUROVILLE LIBRARY SUMMER HOURS

Weekly Readings of *The Life Divine*



Weekly Readings of The Life Divine with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
(from 23 January 2026)

All are welcome.

Contacts:

- 0413 2622894, avlib@auroville.org.in
- <http://library.auroville.org.in/>

Opening timings



Summer at the Auroville Library
Closed FRIDAY 1st May 2026

Our summer timings begin on Saturday 2nd May - Tuesday 30th June 2026

Open 9am - 12.30pm Monday to Saturday
Open 4pm - 6.30pm Tues, Thurs & Sat

Wishing everyone a cool summer!

Children's Storytime! All ages welcome!

- Every Saturday, 10—11am.

Ayesha
for Auroville Library team



Education

SATORI:
Educational services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei,
9442934078,
satori.auroville@gmail.com

LEARNING SPACE OPENS DOORS FOR KIDS

of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAIER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.



A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students. Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15—8:45am
- Pick up time 3:30—4:40pm (by the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest. Parents of students are welcome to participate in various ways.

- For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey

STEAM SUMMER CAMP

All weeks in May, Monday to Thursday, 2—4pm
@ Deepanam School. Ages 7—12



This Summer, Begin Your Adventure Quest! Dive into a world of fun, hands-on STEAM adventures filled with exciting challenges and creative experiments. Explore new ideas, build amazing creations, and discover something new every day! Unleash your imagination, solve thrilling missions, and turn your ideas into reality. A summer full of adventure, learning, and endless possibilities awaits!

- To register: 9047705400 WA, Prema

Abilash

KUILAI CREATIVE CENTRE REGULAR ACTIVITIES

(A unit of SAIER)

- Tuition from 1st to 9th grade
- Silambam—Martial Art Programme
- Bharat Naattiyam—Classical Dance Activities
- Hip-Hop
- Physical Fitness Activities
- Summer Camp in May
- Art & Craft
- Children's Play Park with Swings, Calisthenics set, and a Slide.



- Make and Take on Mother's 12 Quality Programme (Art & Craft, Book Making, Embroidery, Gardening, Painting, Calendar Making and Tailoring Activities).

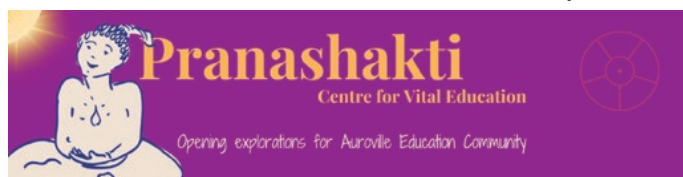
Please contact us to inquire about the class timings.

- kulaicreativecentre@auroville.org.in
- +91 8608473385 WA

Selva from KCC

PRANASHAKTI

Auroville Centre for Vital Education
 @ Pranashakti Hub (previous Aurofilm office)
 Next to CRIPA, Kalabhumi Community



Pranashakti programs are open to the community, with priority for Auroville teachers and students. We have a series of sessions across May–June. You are warmly invited to join any that resonate. Please click the link to register or scan QR code below.

Outdoor Games

Playhood by Natasha

- Thursdays, 14 May—25 June, 5—6:30pm
- <https://forms.gle/B5WArJDmJYHyTtLS6>

Expression & Body

Light in Action-Theatre Workshop (Rashi)

- Four Saturdays: 16, 23, 30 May, 6 June, 4:30—7pm
- <https://forms.gle/SXpXh6V8DrX7d8ew8>

Integral-Psychology & Improvisation (Lucas & Misha)

- Mondays, 2—4pm, Wednesdays, 2—5pm
- <https://forms.gle/pz77zAdEfXYRQ2CZ9>

Art Creation

Art Cultivation (Chithra)

- Monday to Friday, 11—22 May, 8:45—10:45am
- <https://forms.gle/k8idyo9p1XjuUqYi6>

Origami

By Kiran

- Tuesdays, 12, 19 May & Thursdays, 14, 21 May 4:30—5:30pm
- <https://forms.gle/xdHybQU4svdmwRMw5>

Create Your Joy

By Anandi

- Fridays, 8, 15 May, 3, 10 July, 4—5:30pm
- <https://forms.gle/sjSvchUDvxnoyS54A>

Story & Reflection

Threads of Stories (Anandi)

- Wednesdays, 6 May—24 June 24, 4:30—5:30pm
- <https://forms.gle/sjSvchUDvxnoyS54A>



Shaily
for Pranashakti

TUITION CLASSES

Available

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact
 - ashree@auroville.org.in
 - 8270512606 WA only.

Ashwini

LILALOKA

“A place where play transforms, where joy opens the path.”—Sri Aurobindo

Lilaloka is a recreational and resource center for children, dedicated to personal development through play and creativity. It offers both individual and group experiences in a non-competitive, non-judgmental atmosphere, fostering connection between schools, families, and children for their overall well-being.

“Each individual is a special manifestation in the universe; therefore, his true path has to be absolutely unique.”

Lilaloka welcomes all children—Aurovilians, guests, home-schoolers, and those with behavioural, relational, or learning challenges. Activities include cooperative games, arts and crafts, nature exploration, storytelling, drama, and more.

Activities 2026

Lilaloka offers both **individual** and **group** sessions, guided by a team of facilitators specialized in various fields of child development.

Nesters

- **Once a week, age: 0—12 months, parents and babies together.**

A nurturing space supporting early bonding and holistic growth—focusing on trust, emotional well-being, and sensory connection between parent and child.

- **Two times per week (or as per group needs), age: 1—2 years old, with parents**

Sessions that support healthy attachment and conscious parenting, helping parents respond with empathy, presence, and understanding.

Infants' Community

- **Daily mornings, age: 1½–3 years**

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.

Free-Flow Mornings

- **Three times per week, open mornings to all children aged 5+**

Child-led learning through art, nature play, storytelling, science, and hands-on projects—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Afternoon Activities

- **Twice per week, age: 3–6 years**

A holistic space fostering intellectual, emotional, physical, and spiritual growth through play and creative exploration.

- **Once per week, children 6–11 Years**

Focused on developing fine motor skills, creativity, and concentration through arts and crafts.

Occupational Therapy and Individual sessions

- **By appointment**

For both schooled and non-schooled children, in collaboration with parents and educators.

Research and Training

Lilaloka shares its experience through workshops and training programs for students, educators, and researchers—both from Auroville and around the world—with a special invitation to Indian education researchers.

For more information:

- lilaloka@auroville.org.in, 9655519546 WA

Ana, Ritam and Leela

Youth Initiative



Hand-Pulled Noodle Workshop
at Yuva Sangha (Kailash)

Learn the fundamentals of hand-stretched noodle making, essential chopping skills, sauce preparation, and the basics of plate preparation and plating.

Cook, learn, and enjoy the process together.

10am - 1pm
Sat 9th May

Register for the workshop via link below

Saturday, 9 May, 10am—1pm @ Yuva Sangha (Kailash)
Join us for a fun, hands-on Noodle Making Workshop where you'll learn the art of crafting fresh, delicious noodles from scratch.

About the Workshop

- A facilitator will guide you through hand-stretched noodle making
- Learn how to boil and cook noodles to perfection
- Come interact, learn, cook, eat, and enjoy together

We look forward to creating and sharing delicious noodles with you. [Fill out the form to reserve](#) your spot

Arunkumar for YouthLink

Health Care

AURODENT CLINIC @ AUROMODE

We are pleased to inform you that Dr Aravind Anto (MDS—Oral and Maxillofacial Surgeon) will now be available at Aurodent Clinic. He will be providing specialised treatments, including: *Dental implant placement; Wisdom tooth extractions; Other complex extractions.* Appointments can be booked directly at Aurodent Clinic.



For appointment



AURO DENT @ Auromode, Auroville
Invisible Aligners & Expert Orthodontic Care

Available in Aurodent
Dr Balavignesh.T
BDS, MDS (ORTHODONTICS)

For Appointment
9629199328 0413-2622063

- +91 9629199328 WA,
- 0413 2622063 landline
- aurodent@auroville.org.in



Working Hours

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode

Jayasutha

MAATRAM

Maatram offers OCH Open Consultation Hour

- Monday—Friday, 9:30—10am

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
- @ Maatram, 1st floor, Arka



In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of: smart phones, social media, video games, eating, porn and gambling.

Megha, Raam & Palani

SANTÉ SERVICES, MAY



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- **No** sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Ezhil & Archana, Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric—Monday to Friday	Soundbed Session with Sandhya/ Thilagam: Not available
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminSanté@auroville.org.in	Home Care Contact Santé for timings: Physiotherapy w/ Arun Doctor Consultation w/ Dr. Sana

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha
for Santé Services

AUROKIYA

Integral Eye Centre

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion. **Available services:**

- Primary & emergency eye care,
- Spectacles & contact lenses,
- Eye Yoga & Vision Therapy,
- Workplace & community outreach eye camps,
- Support for visits to Aravind Eye Hospital



New services:

- Retina imaging,
- Intraocular pressure (glaucoma) monitoring,
- Red Light Therapy for eyes,
- Dry Eye Therapy

Timings:

- 9am—5:30pm,

Contact:

- 9488005685

Aurosugan for Aurokiya

MORNING STAR



Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House.

You are welcome to drop in anytime during these hours to learn more about Morning Star’s work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.

- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted in both English and Tamil

- Wednesdays, 5—7pm @ Creativity—Hall of Light

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father’s role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact:

- Magesh: +91 9486609821 or morningstar@auroville.org.in

Little Red Feet—Baby Play and Support Group

- @ Humanscapes, Common Hall
- Monday, 10am—12pm: Newborn support circle by Rotem for ages 0—1
- Wednesday to Sunday, 9am—12pm: Play and Support Group for ages 0—2

We warmly invite you to our baby play and support group, a nurturing space created especially for parents and babies. Come as you are, connect with other parents, and celebrate the journey of raising your little one.

Here’s what to expect:

- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, non judgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can’t wait to welcome you and your baby into this circle of love and support. Let’s grow together!

- Rotem: +91 8056888715
- Aditi: +91 9130084284

Submitted by Savithri

International

PAVILION OF TIBETAN CULTURE
presents

**Pavilion of Tibetan Culture:
The Library**

- Monday and Tuesday, 9:30am—12:30pm

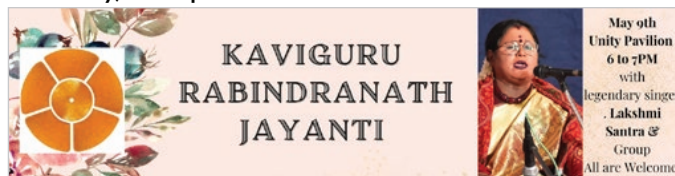
*Kalsang
for Tibetan Pavilion*



UNITY PAVILION MAY EVENTS

Celebrate the spirit of music, poetry, and timeless wisdom

- 9 May, 6—7pm



Join us at Unity Pavilion for a soulful evening honoring Rabinranath Tagore on the occasion of Kaviguru Rabinranath Jayanti. Experience the magic of Rabinra Sangeet with a mesmerizing performance by renowned singer Lakshmi Santra & group. Let the melodies, words, and emotions of Tagore’s creations uplift and inspire us all. All are warmly welcome.

May Events

Day-Time	Venue	Event Details
Thursday, 5pm	Hall Of Peace	Silent Meditation by Pierre: Tune into your psychic self and enter deep inner peace, silence, and calm for inner awakening and self—discovery.
Friday, 5—6pm	Hall of Peace	Peace Meditation by Pierre: Rest in the vibration of peace through silent inner concentration, awakening the psychic presence and a deeper state of harmony.
Saturday, 10am	Garden Hall of Peace	Kids Art Class by artist Janakiraman: A playful exploration of watercolour techniques for children.

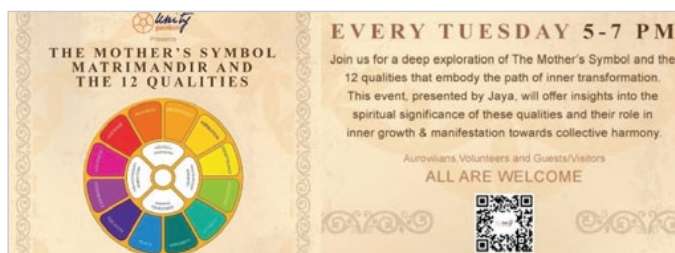
By Appointment

Date	Venue	Event Details
Daily	Hall of Peace	Tao of Tea —Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea’s spiritual and healing power, nourishing both body and soul. 9385428400 WA
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother’s Symbol by Jaya—A deep exploration of The Mother’s Symbol and 12 Qualities that embody the path of inner transformation.
Daily	Oneness Hall	One to one sessions on the Science of Chakra, Integral Yoga, Chakra Balancing and guided Meditation. One to one/group Life Coaching & Counselling with Preeti based on life skills & Integral Transformation offers a safe space to heal and unlock your potential 9699930672 WA

- 0413 2623576, 9699930672, unitypavilion@auroville.org.in

The Mother’s Symbol, Matrimandir and 12 Qualities

- Every Tuesday, 5pm



A deep exploration of The Mother’s Symbol and 12 Qualities that embody the path of inner transformation with Jaya.

- By appointment, 0413 2623576

Sencha Style Tea Ceremony



The Universe in a Cup of Tea

We invite you on a spiritual journey, accompanied by the tea of your choice. (Organic teas only, tea blends with herbs/flowers/spices also available). During this rare, transformative experience, you will explore & experience the healing aspects of the tea. The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- Through appointments only, +91 9385428400 WA

Integral Life Coaching & Counselling



Integral Life Coaching & Counselling (One to one/ group) with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential. Using an Integrated, practical Approach & Powerful Tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development.

- By Appointment: 9699930672 WA
Preeti for Unity Pavilion

**BHARAT NIVAS
Pavilion of India**

Kalaripayattu performance



Wide: Art Show



Monisha for Bharat Nivas

Theatre, Music & Arts

SONIC JOURNEYS

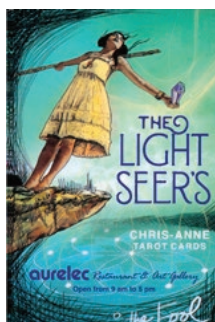
Friday, 8 May, 8:30—10pm @ Kalabhumi Music Studio



An album and music appreciation session featuring:
The Correlation Between Language and Music with Dhani and Raul

Drop in Event! Drugs/ alcohol prohibited.
Parking only at Gaia field/ CRIPA back entrance. **Edo**

THE FOOL EXHIBITION @ AURELEC



On the edge of an epic journey, the Fool peers into the abyss below and senses the seed of life calling out to her. She sees the opportunity and stardust swirling, and she knows that her dream begins with this single step. She's not sure what she will learn or exactly where she's headed, but she has clarity about one thing: she will need to jump in order to begin. With her crystal amplifier to guide her, and her wand to protect her, she feels her toes slide past the threshold of her current reality. She sends one last intention prayer up to the Universe and lets go, feeling the rush of the unknown rise up to meet her. She falls into the void, where her beautiful future awaits.

Chris-Anne, Tarot Cards
Franz, Aurelec

MAJI: ECHOES OF GOLD



20 April—27 July, Monday—Saturday
9am—5pm
@ Maroma Art Gallery: MAJI

Supriya

MANNIN MANDHIRAM: MAGIC OF THE EARTH

Extended till 23 May!

Exhibition by Kripa. Photo documentary of terracotta votive forms making in Auroville

- 3—23 May @ Pitanga

Gallery timings:

- Monday to Saturday, 8:30am—12pm & 2:30—5:00pm.

Anandamayi



Theatre, Music & Art Activities

SVARAM ACTIVITIES

Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

By Appointment Only

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- Monday—Saturday, 10:30am—4:30pm,
- Sunday, 10:30am—12:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-garden-art-installations/>

Aurelio for the SVARAM Team

YUVABE THEATRE INITIATIVE—VOLUNTEER CALL

Be the voice someone needs to hear

Yuvabe Theatre is seeking committed volunteers for a community-driven theatre play aimed at raising awareness on emotional and mental health, and helping reduce suicide rates in and around us.



This heartfelt play is crafted to understand pain and emotions and create awareness around emotional & mental health. It is purely a service to the community—no theatre experience needed.

Weekly Schedule

- Thursday & Friday: 3—5pm
- Saturday: 9am—12:30pm
- Timings are flexible for the team

Who Should Join: People who truly care, community-minded individuals, empathetic listeners, youth & change-makers. Any language background is welcome.

What to Expect: A 3-month commitment of dedicated participation, with a purpose-driven focus on theatre for mental health awareness. This is unpaid—pure community service. Ready to make a difference? Reach out & join the stage.

bhuvana@yuvabe.com, +91 9159325119, Abilash

CREEVA: ART ACTIVITIES

Center for Research Education Experience in Visual Art

Watercolour painting workshop

- Every Wednesday, 2—4pm

Life drawing session

- Every Saturday, 10am—12pm

T-shirt Painting, Bottle Painting Workshop

Paper Pulp Doll Art Workshop

- Every Sunday, 3—4:30pm

Rediscover the joy of creativity and childhood play, through eco friendly paper pulp. By Giribala Tripathy: From Odisha, based in Pondicherry, Sri Aurobindo Ashram artist with over two decades of creative and sustainable art practice.

Live portrait sketch

For personalised live portrait sketch book a session with Sathya.



Open studio

Your welcome to open studio to explore your art except workshops timings. Materials will be provided.

For info contact Sathya: +91 9486145072

- sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity

Dance Activities

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 7pm: Tango class
- Wednesday, 7:30pm: Practilonga
- Friday, 6:30pm: Practice
- Saturday: Bi-monthly Milonga



No partner required. Bring socks or dance shoes. And plenty of joy!

- +91 9821166082,
- tango@auroville.org.in

Maud

DANCE CLASSES BY MANI

- Please register before coming (registration only).
- Bring your socks and water bottle.

Tango Dance Evenings

- Tuesdays & Thursdays, 7pm @ CRIPA (Small Room)

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

Let's share the magic of Tango, connect through music, and grow together in movement and harmony.



Salsa Dance Classes

- Monday & Friday, 7pm @ CRIPA (Small Room)

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

Let's share the joy of dance, connect with positive energy, and keep improving.



Aurovilians & Newcomers: Donation-based

Guests & Others: Contribution welcome

8637633696, Mani

**DANCE, MOVEMENT AND BALLET
for Children**



@ New Creation Dance Studio!

We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Tweens' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764

Fleur

CLASSES IN BHARAT NIVAS

Bharatnatyam Dance Classes

- Saturday, 10am—12pm,
Sunday, 3—5pm,
@ SAWCHU

Caveri Suresh, a Bharatnatyam Dance teacher for 27 years, is offering this class to **Beginners, Intermediate and Advanced** students.



Caveri Suresh,
Diya Dance Studio

Music and Dance Classes

- Saturday, 3—4pm @ Bharat Nivas

This is to inform you that Aurohamsadhvani Arts Center is organizing music and dance classes at the Bharat Nivas premises. The following classes are offered:

- **Bharatanatyam, Veena, Keyboard, Vocal Music**

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

A. Gunasundari
for Aurohamsadhvani Arts Team

Sports & Martial Arts

KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

BUDOKAN: CLASS HOURS AND ACTIVITIES

Aikido: Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



For Adults & Teenagers

- Monday to Friday, 6—7:30am
- Tuesday, Thursday & Friday, 4:50—6pm
- Saturday:
 - Advanced 6—8am
 - Weapon class 8—9am

For Kids & Teenagers

- Monday to Friday, 3:50—4:50pm
- Saturday, 10—11am

Aikitaiso: Aikitaiso it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- Monday to Friday: 8—9am; Saturday: 9—10am

For Aikido & Aikitaiso:

8300643963 WA, Philippe,
9952812843 WA, Murugan,
+ 33622053932 WA Michaël

Yoga:

- Monday, 9:30—10:30am & 5—6pm
- Wednesday to Friday, 9:30—10:30am

Shiatsu: Saturday & Wednesday (on appointment)

Michaël for Auroville Budokan, Dehashakti

MARTIAL ARTS

Bharat Nivas

Kalaripayattu Regular Class Updated Timings

Regular Classes:

- **Morning:** 7—8am; **Evening:** 5—6pm
- **Contribution:** Drop-in: Rs.300 per class
 - Monthly (one class per day):
Non-AV Rs.3000; AV Rs.2000
 - Monthly (morning & evening both):
Non-AV Rs.5000; AV Rs.3000

Weapons Training: Drop-in: Rs.150 per class

- **Wooden Weapons:** 8—8:30am
- **Metal Weapons:** 6—6:30pm
- **Contribution:**
 - Monthly (one class per day):
Non-AV Rs.2000; AV Rs.1000
 - Monthly (morning & evening both):
Non-AV Rs.4000; AV Rs.2000

Note: Weapons practice requires initiation at Kalarigram.

Registration: Please scan the QR code before attending.

Regular Silambam Class

- Wednesday & Saturday, 5—6pm
- @ SAWCHU

From 20 August 2025 Regular Silambam Class with Hari Haran

05:00 pm - 06:00 pm
Every Wednesday & Saturday
Venue: SAWCHU, Bharat Nivas, Auroville

To join, Contact: Hari Haran at +91 63743 71865
Parking available outside at the Main Gate

Grappling & Rudiments of Martial Arts for kids

- Tuesday & Thursday, 4—5pm
- @ Harmony Hall

SHARAT NIVAS
கர்ப்ப ரீதியில் மார்ச்சியல் கலைகள்
The Pavilion of India, Auroville
Presents
GRAPPLING & RUDIMENTS OF MARTIAL ARTS FOR KIDS

Every Tuesday & Thursday
04:00 pm - 05:00 pm
Venue: Harmony Hall, Bharat Nivas, Auroville

CONTACT TODAY!

Monisha

ABHAYA MARTIAL ARTS

ABHAYA MARTIAL ARTS ACADEMY

Abhaya Martial Arts is proud to have trained over 700 students of all genders, ages, and experience levels. We've hosted expert coaches and black belts of many martial art styles, and introduced our students to a vast range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the Shou Dao School—a martial arts academy acknowledged by the Olympic Committee.

Regular Adult Classes, 5:30pm:

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Striking/Self Defence with Coach Tanguy and Coach Giacomo

Please note: Contribution required

- Be punctual;
- Short nails, wear, and no jewelry;
- Stay home if you're unwell or have open wounds

- **For updates and participation:** +91 94873 40778

- For more info contact us: abhaya@auroville.com

<https://abhayaauroville.wordpress.com/>
<https://www.instagram.com/abhayaauroville/>



Giacomo for Abhaya

AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in Dehashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji: 8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber 638563 5943

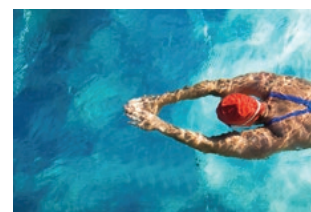


Submitted by Beber

MORNING SWIMMING CLASSES for children

Tuesdays & Thursdays, 6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
 - Safe and fun environment with professional guidance
- Build confidence, improve technique, and enjoy the water!
- **To enquire:** +91 8940288090 WA



Sonia and Ana

SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old).

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class

All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique.

- Limited spaces available to ensure quality and care for every participant.
- @ Auroville, flexible timings available

8637633696, Mani



Bioregion, Crafts & Nature Activities

WELLPAPER WORKSHOP 10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- +91 9385744722
- 0413 2969722



Viji

THE COLOURS OF NATURE (TCON)

Workshops & Visits



Step into a world of cloth, pattern, and slow craft. At The Colours of Nature (TCoN), we're launching a new series of hands-on textile workshops—warm, friendly, and designed for beginners and curious makers alike. 100% natural dyes.

Workshops (Create & Take Home)

Shibori + Indigo (Resist & Dye)

Fold, bind, stitch & wrap fabric to create traditional resist patterns—then dye your own prepared cloth in indigo, revealing deep blues, and unique, unexpected detail.

Batik + Indigo (Wax Resist & Dye)

Learn the fundamentals of wax-resist design: apply wax, build layers, and create motifs—then dye your cloth in indigo to bring your patterns to life.

Embroidery

Slow down and enjoy the needle's rhythm. Learn essential stitches and techniques to add texture, detail, and personality to fabrics.

Workshop Schedule

- Morning session: 9am—12:30pm
- Afternoon session: 1:30—5pm

Workshop Pricing

- 2-hour workshop: Rs 2,200 per person
- Half-day workshop: Rs 4,400 per person

Guided Visits

Discover our studio space and processes with a short guided tour:

- Duration: 30 minutes
- Times: 11:30am and 4:30pm
- Price: Rs 1,100 per person

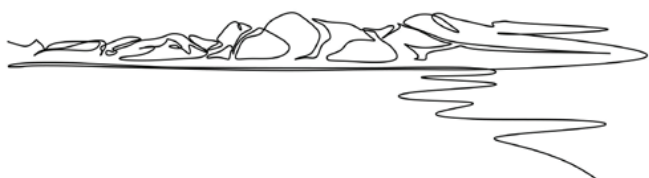
Outside of these timings, we will do our best to offer tours. Visits to The Colours of Nature dye workshop products exhibition are free.

Note: We do not offer workshops on how to prepare dyes from raw plants; these processes take many days—sometimes weeks—and we are still developing the right format to teach them properly.

To Book a Guided Visit/ Workshop:

- colnature@auroville.org.in
- +91 63796 61916 WA
- www.thecoloursofnature.com

Submitted by Petra



AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org



Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.

Bamboo tour with bamboo tea

- Monday—Saturday
8:30am—12:30pm, 1:30—5pm

Special bamboo lunch @ Auroville Bamboo Centre

- Every Saturday, 12—2:30pm
- Pre-book in advance

Enjoy the Special Bamboo Lunch.

Make and take workshops

- Monday—Saturday, 10am—4:30pm
- Pre-book in advance



Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops:

- Pre-book in advance,
- Monday—Saturday, 9am—5pm



Bamboo Construction workshop (wall panel)

- 14, 15 and 16 May, 9am—5pm

Discover the amazing potential of bamboo as you learn about the material and experience it in practice.



Musical Instrument special workshop

- 22, 23 May, 9am—5pm

Explore the soothing sounds of handcrafted bamboo instruments and learn how each one creates its unique rhythm.



Experience a hands-on session blending creativity, nature, and music in a calming, fun environment.

Bamboo Furniture workshop

- 29, 30 May 9am—5pm,
includes lunch and refreshment

Discover the timeless charm of bamboo by crafting a hand built seater using traditional joinery technique.



Pre-booking is necessary for registration:

- bamboocentre@auroville.org.in
- +91 8300949081

Bala Sundaram

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.



- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm:

It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

- **3 days Intensive Permaculture Weekend Workshop**
 - View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

- **Mini Permaculture Workshop**
 - Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- *Introduction to permaculture through local food:* Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- *Handmade Soap-Making:* By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service:

A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude:

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing life-style conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots. Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

Krishna for Solitude Farm & Café

ENLIGHT

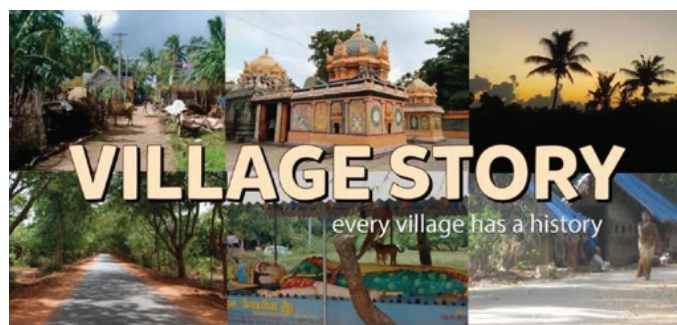
ENLIGHT
Light of Auroville

Contact: Arun / Balaji
+91 88381 72521 / enlight@auroville.org.in

 Explore Auroville	 Bioregion Tour	 Art & Craft Workshops
 Fireside Drumming	 Cycle Tour	 Cooking Class

Arun, Anand and Balaji for Enlight Team

EGAI EVERYVILLAGE



Skill-cation: Experiential Learning

Egai EveryVillage is an in-Auroville community 2 to 3-day educative experience teaching real, usable skills, initiative focused on skill-cation in arts and crafts **customized to the learners' needs**—an experience, a form of self-investment both skilling and vacation. Exploration today is not just about sightseeing and relaxation; it's trips and tours to acquire or enhance a skill—whether it's cooking local cuisine, pottery, photography, yoga training, scuba diving, language learning, farming, eco-conservation.

Skillcation is a shift in the traditional perception of travel. For learning travellers, these small breaks and learning pursuits are a way to recharge, improve focus, and build transferable skills such as problem-solving, creativity, adaptability, and resilience. It involves smaller groups, focused stays, and involvement with Auroville and local village communities.

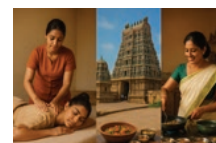
Anand, 9791896488, egai@auroville.org.in

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

- Starting point: Solar Kitchen.
- Can be scheduled anytime throughout the week.



South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone,
- rupavathijoy@gmail.com

Rupavathi

MOHANAM PROGRAM

www.mohanam.org

Mohanam: 2 mins from Vérité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.



For more information and registration: Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

- Office timing: 9am—4pm, Monday to Saturday

Make and Take Workshops

- Monday to Saturday, 10am—12:30pm or 2—4:30pm



Bamboo Candle | Potter | Coconut Shell Craft | Dream Catcher | Incense Making | Kolam Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

- Monday to Saturday, 10:30am—1pm



Village Tour | Wood Fossil Visit | Munnur-Perumukkal | Kaluveli Tank Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

- Monday to Saturday, 10:30am—1pm

This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's northwest zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Thiruvannamalai Spiritual Services: Eco & Spiritual services: Thiruvannamalai—Mohanam services

- Arunachala—Auroville; Tour, retreat space; Camping, Temple visit; Ashram, Girivalam Full Moon experience

For booking and more information

- +91 8300949079
- mohanamprogram@auroville.org.in

Rajaveni

SADHANA FOREST PLANT BASED SATURDAY

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge. Aviram

ACTIVITIES BY INSIDE INDIA



Inside India Office, Kalpana Community

Kolam Mandala Workshop, Every Friday

Join us for our Tamil Kolam Workshop. Kolam is a special Tamil Mandala art that creates intricate patterns using rice flour. Every Friday from 10am to 12pm. Open to all skill levels.

Bio-Region Tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- Tours run from 9am to 1pm, with a hearty Auroville-style lunch.
- Available only on request, with a 24-hour heads up.

Cycle Tours through Auroville

- 9am—1pm. Please book 36 hours in advance.

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

Off-Road Cycling & Half-Day Rides

- 9am—1pm
- Available on request, with a 36-hour heads up

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure.

tours@insideindiaauroville.com
Shaheen for Inside India

MAROMA CAMPUS TOUR!

Every second Saturday,
10:30am—12pm

@ Maroma Aspiration Campus



A guided, campus-wide experience including production visits, candle and soap making, the Maroma Gallery, and a hands-on incense workshop (with take-home gifts).



Enjoy healthy refreshments and an open Q&A session.

- Rs 500 (Adults)
- Rs 300 (Under 14)
- Aurovilian Special: Half-price for Aurovilians

Book: <https://maromaexperience.com/>
9486623749 WA

Jesse

ACTIVITIES AT AUROORCHARD

Weekly Farm Walk:

AuroOrchard is Auroville’s oldest farm, founded in 1968-69 under the guidance of the Mother with the vision of “growing food for Auroville.” Spread over 25 acres of red earth on the eastern coast of Tamil Nadu, AuroOrchard has been a cornerstone of Auroville’s food system for more than five decades.

Today, we produce over 50% of the fruits and vegetables and 90% of the eggs from Auroville farms. We grow a diversity of crops—mangoes, papayas, bananas, guavas, citrus, roots and tubers, leafy greens, vegetables, and herbs—alongside a small poultry that provides eggs. Each year, these fields and orchards yield several tonnes of fresh food, much of it flowing directly to Auroville’s kitchens and residents. These numbers are never the measure of the work, but rather quiet signs of the farm’s steady rhythm of care and abundance.

Join us for a stroll through these orchards and vegetable gardens and learn about the agroecological techniques that we practice at the farm.

- Every Wednesday, 10am—12pm.
- Registration required, [sign up here](#).



CSA baskets:

Auro Orchard’s Basket System is a community-supported program that allows customers to select fresh, seasonal produce such as fruits, vegetables, greens, herbs, eggs, nuts, and Abundance; farm-processed products like pesto, syrups, and nut spreads from a weekly updated harvest list. Members place their orders based on seasonal availability and collect their chosen items directly from the farm or from the pick up points inside Auroville.



- Please [sign up for the baskets here](#) to get added to the list.

Volunteering:

Spread over 25 acres, AuroOrchard is Auroville’s oldest farm producing a diversity of fruits and vegetables and eggs that are supplied directly to Auroville’s kitchens and residents. Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer a welcoming environment for learners, researchers, and seekers who wish to help us and learn more about the land, food, culture, and themselves.

- Monday to Saturday, 7—9am and/ or 9:30am—12pm.
 - We offer breakfast made with farm produce!
- Link to [sign up for volunteering](#) here.



Anshul

Available

12 Volt bulbs, holders, fans

Recently I changed all my lights, and plugs for appliances to 220 volts. I offer second hand bulbs, holders and 2 fans for free to Aurovilians that still run their house with a 12 volt system, or have battery powered emergency lighting.

- If you are interested: 9489601312 WA

Shivaya

Cycle Available

- 24” Toronto single speed (Dark Grey)
- Come to Aurovelo to check and try.
- Contact: 9489423681

Vimal



Looking For

Looking for a bicycle

I’m looking for a medium-sized bicycle (not an e-cycle), in relatively good condition, for use over the summer or longer. Open to exchange, or to purchasing with a contribution.

+91 9385623511, Anandi Zhang

House-sitter wanted

Looking for a conscious and caring house-sitter for a beautiful home for 2 months from the end of May.



- You would be looking after one cat and one dog. This is a community, so it’s important that you feel aligned with the values here: Comfortable using dry compost toilets and shared community showers; Vegetarian lifestyle; Mindful use of solar electricity and water; Use of organic products only.

We’re really looking for someone who will genuinely care for and love the space, as well as the animals, and live in harmony with the community. It’s a truly beautiful home and environment. Please message me directly if you feel called or would like more details.

Serena, +91 8489760966

Looking for a homestay

I am Filip, looking for a house sitting for a month, starting from May! I am clean, I can take care of pets and plants. I would be grateful for any response

Filip, filip.matejcek1@gmail.com

Office Spaces



NEED A PLACE TO WORK?

OPEN HOUSE



Hive
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

- **Every Friday, 9am—7pm @ Hive, Auromode.**
- Step into Hive and experience a cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space. Open House hours are for experiencing the space, 24/7 access is available beyond these hours. Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities. For inquiries: auromodehive@auroville.org.in
- +91 9042759540 WA,
 - +91 7092197375 WA or drop by. Dhesh for Hive

Spaces Available at Ecoteco Campus Building

There are two spaces available for use at the Ecoteco Campus Building in Reve Area:

- 118 sqm Office Space
- 67 sqm Godown Space.
- 9443960008, Diana; 9894442349, Prabhu Diana

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings. Ready to join? Learn more and book your spot:



- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, cowork.kinisi.in

Laure

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in

Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant. Contact Mr. Pandian



- at Auromode in person, +91 9943390391 or
- pandian@auroville.org.in

Pandian

Help Needed

Anyone flying Emirates on Friday 15 May?

A friend of mine is flying that evening and she needs a bit of help at the airport to get inside and get her wheelchair. Her flight leaves at 22.05. Please let me know.

tineke@auroville.org.in,

Tineke

Honorary Voluntary

VOLUNTEERS FOR SUMMER PROGRAM for Kindergarten Children

We would like to invite the volunteers who are interested in taking part in the summer program

- 11—15 May @ Nandanam Kindergarten and
- 18—22 May @ Centerfield Kindergarten.
- The timings will be 9am—12pm in Nandanam and Centerfield Kindergartens.



K.Lakshmi

ASSISTANCE NEEDED for Outdoor Installation

We are currently seeking assistance for an outdoor installation project, which involves physical work on an upcycled sculpture. Anyone available and interested in contributing is encouraged to get in touch.

For further details, please contact the Wellpaper office at:

- +919385744722, +91 7598619731

We would greatly appreciate your help in sharing this information with the community. Thank you for your time and support.



Nabily, Praveena

POUR TOUS WATER SERVICE

Pour Tous Water is looking for **part-time & full-time volunteers (min. 6 months)**, especially those interested in plumbing work. Women plumber or any one with sincere interest are encouraged to join. Training will be provided.

Work includes: Emergency plumbing support (leaks, blockages, taps, toilets, water heaters, etc.) + basic report, record documentation & WA coordination/ updates.

- PTW provides free service for Auroville Community, aligned with Prosperity Vision, "Service for All" . Contact for more details 9843644308 WA, ptw@auroville.org.in.

Join and support this essential community service.

Grace for Pour Tous Water Service team

AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations:

Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy. We can provide lunch and some additional bonuses to come as you will stay with the team longer.



For details: aarambham@auroville.org.in

- +91 83002 88303, WA messages

Alexey

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call 8122274924

Aviram

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.



The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested please contact Noel: earthyoga@hotmail.com
- or stop by in the morning sometime to explore the possibilities.

Noel Parent

Work Opportunities

AURORA'S EYE FILMS: CALL FOR VIDEO EDITOR

Aurora's Eye Films, based in Auroville, is looking for a skilled and sensitive video editor to join us on an upcoming feature documentary currently in post-production.



This project is a deeply human, observational documentary that requires an editor who can work with subtle storytelling, rhythm, silence, and emotional nuance. The film brings together voices, experiences, and moments that need to be held with care and clarity in the edit.

We are looking for someone who:

- Has strong experience in documentary editing
- Is comfortable working with long-form interview material
- Has a good sense of pacing, structure, and storytelling
- Is open to a collaborative and reflective process
- Resonates with the values of Auroville and seva-based work

Details:

- Project-based role (with potential for ongoing collaboration)
 - Based in or able to work from Auroville preferred
 - Editing to be done in close collaboration with the director
- If you feel aligned and would like to contribute to this film, please share:
- Your portfolio / showreel
 - A short note about your experience and interest

Contact: serena_aurora@auroville.org.in

We look forward to connecting with editors who value depth, presence, and meaningful storytelling. **Serena**

AIAT: SEEKING OF ASSISTANT PROFESSOR

Auroville Institute of Applied Technology, <https://aiat.edu.in/>, is currently seeking qualified candidates for the position of Assistant Professor in the field of Computer Science.



Applicants must have Master's degree in Computer Science. Interested candidates are invited to send their CV to amarnath@aiat.edu.in.

Amarnath

AWARE: LOOKING FOR MEDIA & COMMS SPECIALISTS



Invitation to the City the Earth Needs.

Auroville grows when aspirants gather from around the world with clarity of purpose.

AWARE seeks to build a bridge to welcome these aspirants by telling the story of this place with clarity, through beauty, and by setting up platforms for information and discussion.

Doors Are Open for Aurovilians and Newcomers to join Aware. Roles open: Filmmakers; Cinematographers; Editors; Content Creators

- **Contact:** +91 73965 57993 WA, aware@auroville.org.in, awareauroville.com

Shift towards a culture of multilateral perspectives and an attempt to bridge the aspiration/ideal and current human condition & external organisations. **Sajiv for Aware**

Ecology

SERVICING of Septic Tanks

Septic tanks function as settlers for biowaste solids in wastewater. They are sealed at the bottom and on the sides and have an overflow outlet to the next part of a sewage treatment system. The bacterial breakdown of the settled sludge is the first step in sewage treatment.

The settled sludge needs to be removed at regular intervals (to permit continuous settling of solids), that is between a few months and a few years dependent on septic tank size and number of wastewater generating users.

- Please call Pour Tous Water Team, who can arrange for the service: 2622899 or 9843644308.
- In case of questions, please contact ecopro@auroville.org.in.

Lucas, EcoPro, 2622469

REPAIR IT. SORT IT. SAVE IT.

Tuesdays, 9:30—12:30, Road to Vérité before The Sprout Cafe turn



Every week, a small crew gathers at EcoService to give electronics and household goods a second life—and honestly, it's one of the best mornings of the week. Open to everyone.

Darren, 9600263842

LITTER CLEARING SERVICE

As we all have noticed of late there has been a growing amount of litter being dumped along the roads, pathways and in the bushes within the city, we are pleased to announce to the community a much needed extension of our regular waste pick up service.



Auroville has a dedicated service to clear the litter and waste from the areas that are hard to reach by our larger vans.

A three wheeler has been acquired for the purpose and will begin the operation in two shifts 3 days a week to start with. The service will largely concentrate on within the designated City Area only (and not along the tar road) and may gradually extend to the greenbelt.

This Service will be totally run by Citizen Volunteers (Aurovilians and Newcomers) along with an Eco Service member as it may need more than one person (and maximum two) to do the task. In Kind remuneration will be provided.

- **If you are one of the inspired ones who shares similar concerns, are interested to help keep Auroville litter free and can dedicate some time, please get in touch with us either by dropping into our office or connecting with us by email or on the number provided below.**

Lets Keep Our City Clean Together.

Sumit for Eco Service,
ecoservice@auroville.org.in,
6379669034

UPCYCLING OPEN STUDIO

Tuesdays, 10am—12pm



Open Studio Mornings
Every Tuesday from 9 am to 12.

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshop:

📍 Location : Recentre, Ok Upcycling Studio
☎ Tel : 6384043908

@ Ok Upcycling Studio, Recentre

- Discover the fundamentals of upcycling
 - Tour the studio
 - Purchase or place orders for upcycled items
 - Join our "Make Your Own Upcycled Item" workshops
- Come explore, learn, and get inspired!

6384043908, Veronese

Poetry

WOMB OF CREATION



O Mother

Where did I come from?
Where had this seed lain
Before it was planted?
From what ocean
Had the rain of fertility risen?
Who had walked out of the sea
To put his foot on the earth?
Where did I come from

O Mother

Speak to me!

Whoever remembers what it was like
being in the womb?

The first flutter of their heart
The first peak at the womb?

When a seed blossoms into a flower
And a flower into a strawberry
Who does not see the womb?

When dark clouds rumble in the sky
Laden with rain

When Pasha climbs the steep hills
With her udders full of milk

When Mary holds the crying child
In her arms and gives her breast to him
I know then

That I am in the womb
The womb is everywhere
The womb is the Universe!

Sehdev Kumar

MEAN

The world may be mean.
You may not have the means.
In the meantime, meaning gets lost.
Even so, be human-kind.
You know what I mean.

Don't give me
that meaningful look—
for God knows whose sake.

Anandi Z.

Voices & Notes

AT LAST

"...a place where one will be able to think of nothing but the future." Auroville the City of Dawn, of course.

- <https://incarnateword.in/agenda/08/january-21-1967>

On that link, the Mother continues to reveal the awakening of Her cells. She was the contagion for the exponential cellular transformation in the bodies of all receptives, as obviously with the fact of our fundamental Oneness, our Eternal Truth of Unity in Diversity (Sanatana Dharma), all other living cells on this Earth are quantum-entangled with Hers. This applies to every interconnected and interdependent thing in the cosmos, actually.

"Awakened to the meaning of my heart
That to feel love and oneness is to live
And this the magic of our golden change,
Is all the truth I know or seek, O sage."

Sri Aurobindo

Here are other references on "At last a place..."

Note: To read the full post with links and additional commentary, please scan the QR Code or visit

- zechjoya.blogspot.com

and look for the same title.



Zech

AUROVILLE RADIO TV

Your favourite radio is always working for you
Stay Tuned!

Last published Podcasts

- "[Mother's Chronicles: Mirra](#)" by Sujata Nahar, Read by Fif—B 1 C 8—"It's My Habit" (The Mother)
- "[Humanity 2.0](#)" by Aviram Rozin with Jazz -A Book Read by Shalev—P 2, C 10: "[Veganism](#)" (Society & Conscious Living)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.536](#) (Integral Yoga)



Upcoming Live Stream

- [LIVE: Music Concert by Lakshmi Santra & Group | Kaviguru Rabindranath Jayanti | Auroville](#)

...and more! on www.aurovilleradiotv.org

For more information, write to radio@auroville.org.in

Sai Priya
for AurovilleRadioTV

VISHVA PURUSHA AND GROUP-SOUL: the lever to Mother's Auroville

Explaining Auroville, the Mother highlights that the true hierarchy, necessarily spiritual, goes along with living by minimum material needs. As individuals and as a collective, we should introject the Vishva Purusha. According to Sri Aurobindo, in ancient India the Vishva Purusha or Cosmic Being was the foundation of the perfect society based on *chaturvarnya*; the four *varnas* or social classes, all equally necessary, symbolically represented its limbs. The perfected individual was to host within oneself the perfection of each *varna*: the *brahmin*, savant, legislator and spiritual being; the *kshatriya*, warrior and ruler; the *vaishya*, merchant and businessman; the *sudra*, paid labourer and servitor. Furthermore, the perfection of the three *gunas* was requested, but let's stop here.



This was the ruling of a society whose supreme *dharma* was the pursuit of *moksha*, liberation, by all social classes, irrespective of the original *varna*; these, far from being hereditary as in the caste system (a degeneration of *chaturvarnya*), were based on one's natural affinities, *adhikara*. Sri Aurobindo points out that a radical shift happened with the vedantic age, opening the spiritual gates to the masses—in juxtaposition to the vedic age, where the spiritual pursuit was restricted to the three upper *varnas* and excluded the *sudras*, the fourth *varna*. This model society announces Mother's Auroville.

To exit the inchoate mass of drives of a humanity largely infrarational, in "The Human Cycle" Sri Aurobindo points out two conditions. First reproduced in the Auroville Gazette by Mother's will:

"Therefore if the spiritual change of which we have been speaking is to be effected, it must unite two conditions which have to be simultaneously satisfied but are most difficult to bring together. There must be the individual and the individuals who are able to see, to develop, to re-create themselves in the image of the Spirit and to communicate both their idea and its power to the mass. And there must be at the same time a mass, a society, a communal mind or at least the constituents of a group-body, the possibility of a group-soul which is capable of receiving and effectively assimilating, ready to follow and effectively arrive, not compelled by its own inherent deficiencies, its defect of preparation to stop on the way or fall back before the decisive change is made. Such a simultaneity has never yet happened, although the appearance of it has sometimes been created by the ardour of a moment. That the combination must happen someday is a certainty..."

This quotation was read to The Mother by a disciple who asked her whether the time has come for the conditions laid down by Sri Aurobindo to be fulfilled. The disciple said that the first condition concerning "the individual and the individuals" had been fulfilled by The Mother and Sri Aurobindo. But what about the second condition of "a mass, a society, a communal mind, or a group-body" capable of receiving and assimilating?

This is exactly what Auroville is for. But Auroville is still far from fulfilling the necessary conditions. (22.12.1971)

At the time of the endless debate on the "Divine Anarchy" papers, twenty years ago, I commented:

"The importance of this text from *The Human Cycle*, besides Mother specifying "This is exactly what Auroville is for", is that as second condition it stresses the necessity of "a mass, a society, a communal mind, a group-body" evolving into a group-soul. This is the next stage: the mass to be uplifted to group-soul, **before** the final stage of divine anarchy can be envisaged. If we apply this to Auroville, as we should, given

Mother's reply, it follows that all efforts have to be made to manifest the group-soul; which today is just a possibility, but has to become tomorrow's reality, as the one preliminary step to the full manifestation of the divine anarchy of the gnostic supramental being and society.

To introduce the concept of group-soul without further delay is an imperative necessity: the 'mass'—the group-soul!—is the missing link of the chain. In this sense whatever concerns our organization and civic life is an essential tool, to be used to progressively induce the necessary changes, until the manifestation of the group-soul becomes a collective necessity, one with the longing of one's being. Unless we take care of the uplifting of the 'mass', the way Sri Aurobindo puts it, there is not even the remotest chance to evolve into the collective divine anarchy Mother wishes for Auroville. Moreover, both Sri Aurobindo and the Mother have made clear over and over again that the supramental transformation necessarily needs what this text expresses, if it has to be fixed for the whole of humanity—instead of some individual and partial transformation as it has been so far happening, leaving the world unchanged.

Paulette

Animal Care

RABIES FREE AUROVILLE

We would like to inform you about our ongoing Rabies Free Auroville initiative through our door-to-door free rabies vaccination campaign.

- Last week, 13 dogs were successfully vaccinated.

This **Saturday, 9 March** marks the 5th week of our campaign, which will take place in the following communities:

- **Auromodele and Fraternity**
- **10am—12pm**

We sincerely express our gratitude to the community for your continued support and cooperation in helping us move toward a Rabies-free Auroville.

Dr. Kumar
for Auroville Dog Shelter Team



URGENTLY SEEKING VOLUNTEERS FOR DOG SHELTER

Aurovilians & Newcomers Welcome

We are seeking dedicated volunteers to assist in the ongoing care and management of our dog shelter.

Areas of support required:

- Medical assistance (qualified professionals or students)
- Provision of essential supplies
- General shelter maintenance and animal care



Interested individuals are encouraged to get in touch at the earliest: 9443203092, aurovilledogshelter@auroville.org.in

Dr. Kumar, Sugar, Shanthi

JOIN AUROVILLE DOG SHELTER TEAM

Auroville Dog Shelter is seeking a dedicated Aurovillian to join our team.

Skills Required: Basic computer knowledge, accounting skills

Support Provided: Half maintenance

9443203092, aurovilledogshelter@auroville.org.in

If you are interested in supporting our work for community dogs, we would love to hear from you.

Dr. Kumar for Auroville Dog Shelter Team

Foods, Goods & Services

AUROVILLE CASHEW NUTS:

Ready to purchase

The cashew season is here again.

If you have naturally grown Auroville cashew nuts, Siddhartha Farm would be delighted to purchase them from you.

- For more information:
+91 88380 12456.



Suha, Siddhartha Farm

SAPLINGS NOW AVAILABLE

@ Shambhala Garden

Exciting news for all garden lovers and green thumbs! Shambhala Garden is pleased to offer a fresh selection of fruit tree saplings, ready to find their forever home in your garden.



- **Dwarf Papaya** Compact tree, sweet golden fruit, grows all year. Perfect for pots and small gardens. Aids digestion, boosts immunity, and supports glowing skin.
- **Pitanga Cherry** (Surinam Cherry) Bright red tropical berries, sweet and tangy. Easy to grow, loves sunshine. High in antioxidants, supports eye health and immunity.
- **Mango** Juicy, fragrant mangoes from your own garden. A strong tree that gives season after season. Rich in vitamins A & C, promotes gut health and sharp vision.
- **Kumquat** Tiny citrus eaten whole. Neat, zesty and great for pots or garden beds. High in fiber and flavonoids, great for heart and blood sugar health.

To order or enquire about availability, please reach out to: shambhala@auroville.org.in

Don't miss the chance to grow something beautiful. Happy planting!

Bhuvana for Shambhala Garden

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm



We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info: call/ WA +91 8300268804 or pass by.

Isabelle

HEMPLANET

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. Davide

FREESTORE SUMMER TIMINGS

May and June

Monday to Saturday, 9am—12:30pm

No afternoon

Thank you for your understanding.

Kamala for Freestore team



+91 9566142115, Satyakam

VISITORS CENTRE CAFETERIA



Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovilians, Newcomers, Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

Conscious Catering for your Workshops!

The Cafeteria at Visitors Centre organises organic catering, with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer your participants to the realm of food and explore with us the different possibilities we offer, please contact us:

For enquiries or registration

- cafeteriavc@auroville.org.in, 9043004919 WA Lee

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open! We look forward to seeing you all.



Pavithra

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.

- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan

THE SPROUT CAFE & RESTAURANT



Nourishing body and soul, freshly made, daily at The Sprout.

Mon - Sat 7:00 - 16:00
www.thesprout.in

Monica for The Sprout team, www.thesprout.in

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe serves South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe. The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.



From Mass Bulletin

TASTE OF YOGA: VEGAN CAFÉ



TASTE OF YOGA
Raw | Gluten-free | No added sugar

Mon to Sat
08:30 - 16:30



Open Monday—Saturday, 8:30am—4:30pm

@ Verité Integral Learning Center

Taste of Yoga, the vegan café @ Verité Integral Learning Center, invites you to slow down and enjoy a moment of nourishment in a calm, welcoming space. We offer wholesome breakfasts, light lunches, and healthful snacks made with high-quality ingredients—many prepared in-house and some harvested from our kitchen garden. Each dish is thoughtfully created to support your body, mind, and well-being.

Submitted by Hon

SUDHA'S KITCHEN!

Healthy Plate monthly scheme for Aurovillian Volunteers & Guests

- **Special Offer:** Aurovillians get 20% discount
- **Group Bookings Welcome**

Contacts: +91 8608123072 WA, +91 4133509884

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

NATURELLEMENT GARDEN CAFE

50% discount scheme on Thursdays

Open 9am—8pm, Tuesdays closed

The busy season is over and we are happy to restart our 50% discount scheme on Thursdays for Aurovillians, New-comers and volunteers from April onwards.

Martina

for Naturellement team

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria,
7:30—10am

Variety of Dosa,
Millets Pongal,
Coffee
Rs.99



Submitted
by Shiva

GAS BOTTLE SERVICE

For Indane gas users:

- Customers with one cylinder will need to wait 21 days for the next refill.
- Customers with two cylinders will need to wait 30 days for the next refill.

Thank you all for your cooperation and support.

In the meantime, we kindly suggest using an induction cooktop as an alternative if possible.

Velu or Auroville Gas Service

PT PURCHASING SERVICE OPENING HOURS

- Shop: 8am—7pm, Monday to Saturday
- Canteen: 8am—3pm

Vishnu

POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.



The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

- ptw@auroville.org.in

Please note:

- **Do not give any cash to any team member** of PTW. We request to avoid calling our workers directly on their contact numbers.

Danny, Grace

for Pour Tous Water team

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee
 - 9443372418/ WA 9092637055
 - or email govindaraj@auroville.org.in
- for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B
for Qutee Electric Scooter Service



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering cost-effective travel options by arranging shared trips between Chennai and Auroville. Additionally, we provide local trips within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256

- its@auroville.org.in

Rajesh.D



Book A Taxi 24/7

SUNRISE TAXI SERVICE
A Unit of Auroville Foundation

+91 9843880591

Office: **(0413) 2220591, 2220592**
Office cell: **8610915429**
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in



ABACUS ACCOUNTING

New Financial Year 2026—27

Greetings and Support from Abacus Accounting

On the occasion of the commencement of the new financial year 2026–27, we extend our best wishes to all units for a successful and productive year ahead.

We would like to inform you that Abacus will provide comprehensive support across the following areas:

- Accounts and Bookkeeping
- EPF, ESI, GST and TDS compliance
- Individual Income Tax Return filing
- PAN-related services
- Tally and Zoho training, along with regular follow-up support
- Ongoing operational support with a focus on strengthening administrative processes through Standard Operating Procedures (SOPs)
- Taking up accounts and compliance support for Non-Auroville entities, including externally registered companies

Units interested in availing our services or seeking support are kindly requested to get in touch with us. We will review your requirements and extend the necessary support in a structured and timely manner. Should you require any assistance or clarification, please do not hesitate to contact us. We look forward to your association.

- Saracon Campus, Kottakarai
- 9894442349, 0413 2622962
- abacus@auroville.org.in / abacus962@gmail.com

Prabhu for Abacus Accounting

PRAKRIT

not just a **Furniture** company

We Design
Produce & Manage your wood works




Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit,
+91 9634424066

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- Contact us for all your procurement needs: surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone,
lyyappan



Inside India Timings: Inside India is open for your next journey **Monday to Friday, 10am—5pm** at our Office in Kalpana Community (Opp. Auroville Library)

- We are open the second & fourth Saturdays of each month
- **For urgent matters or emergencies**, you may contact our ticketing agent **Ganesh: +91 9894598686**.

As per the guidelines of the Ministry of External Affairs (MEA), all documents requiring attestation or apostille must be submitted through authorized outsourced agencies. In this regard, you may submit the relevant documents with Inside India, and we will assist you in obtaining the attestation or apostille through an authorized agent.

Our Certificate Attestation Services:

- **Educational Certificate Attestation:** Education Certificate, Degree Certificate, Diploma Certificate, HSC Certificate, SSLC Certificate Etc.
 - MEA Attestation (Ministry of External Affairs)
 - SDM (Sub-Divisional Magistrate)/HRD Attestation (Human Resource Development)
 - Embassy Attestation
 - MOFA (Ministry of Foreign Affairs)
- **Personal Certificate Attestation:** Birth Certificate, Marriage Certificate, Divorce Certificate, PCC and other documents
 - Notary
 - Home department
 - MEA (Ministry of External Affairs)
 - Embassy attestation
 - MOFA
- **Commercial Certificate Attestation:**
 - Chamber of Commerce attestation
 - MEA (Ministry of External Affairs)
 - Embassy attestation
 - MOFA
- **Different purposes of certificate attestation:**
 - To study abroad
 - For employment
 - For family trips to other countries
 - A visa to stay permanently
 - For migration
 - For trade

Should you require any further clarification or assistance, please do not hesitate to contact us. We will be happy to assist you.

New! Indian Visa Assistance Services by Inside India

Foreign nationals who require assistance with exit permit applications are kindly requested to visit our office with the necessary documents, such as passport, visa copy, photographs, C-Form, request letter addressed to E-FRRO, and supporting travel documents. We will be happy to assist you and provide proper guidance to complete the procedure smoothly.

Individual Travel Insurance by Bajaj Allianz

Inside India is now offering Travel Insurance to ensure safe travels and a smooth journey for you from the start till the end! Travel comes with risks—delayed baggage, lost passport, or sudden illness. Individual travel insurance ensures financial protection, quick assistance, and peace of mind wherever you are.

Key Features of Bajaj’s Travel Insurance: Global 24/7 assistance, Covers medical emergencies, trip delays/cancellations, lost belongings, and even home burglary while you’re away. Quick and hassle-free claims with fast settlement.

Your Complete International Courier & Cargo Collection Center

We are thrilled to announce the expansion of our services to include comprehensive international courier and cargo solutions, bringing the world closer to your doorstep.

Our Services Include:

- **Europe & UK Deliveries:**
 - DPD Partnership—Duty & VAT Free shipping
 - UK delivery in 6—7 days
 - Europe delivery in 12—15 days
 - Complete European Union coverage including Austria, Belgium, France, Germany, Italy, Spain, Netherlands, and 25+ more countries
- **Australia & New Zealand:**
 - Specialized homemade food items shipping
 - Third-party services available
 - Competitive pricing with ZIP code rate checking
 - Masala & spices delivery to both destinations
- **Southeast Asia:**
 - Direct Malaysia & Singapore connections
 - Fast 1-week delivery from Chennai
 - No duty, no tax on selected items
 - Reliable third-party partnerships

Shaheen for Inside India Team

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don’t hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1 **Balaji & Arun**

TREE CARE SERVICES

Regular tree maintenance is essential for ensuring safety, health, and longevity. Over time, trees can develop deadwood, structural weaknesses, or imbalanced growth that increases the risk of branch failure, especially during storms or high winds.



TREE CARE
Arboricultural technicians
+919042059890
+919159843579 | +918940188350
Kriya, Auroville, TN - 605101
treecareindia.com

Routine inspections and pruning help identify and address these issues early, reducing hazards and costly interventions later. Proper maintenance also improves air circulation, light penetration, and overall vitality, enabling trees to better withstand environmental stress such as heat and drought.

Investing in regular tree care not only protects people and property but also supports a healthier, more resilient urban landscape.

- Monday to Saturday, 8am—4pm
- 9159843579 Emergency tree work
- office@treecareindia.com:
Consultations, tree inspections & pruning

Jonas

SARVAM COMPUTERS offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



- Utsav Phase—1A, First Floor, Vérité Radial, Auroville
- 0413 2622050, 9443211891, 9786953603
- FS account: 251263,
sarvamcomputers@auroville.org.in

Bala

AVDZINES

@ Mangalam campus,
near Wellpaper & Bamboo Centre

You are also welcome to send your job via email and WA

- Working Hours: 9am—12:30pm & 2—5pm**
- Type of jobs that can be given:**
Printing, Layout designing, Passport Photos, Package designing & Manufacturing, Photo framing & Lamination, All kinds of boxes & paper bags and Screen printing.
- For **big works** we can deliver to your place. Please come over and support it.

avdzines@auroville.org.in, avdzines@gmail.com

9443459063 WA, Guna for AVDzines

Classes, Workshops & Healing Arts

COMPASSIONATE COMMUNICATION PRACTICE SESSIONS

Tuesdays, 5, 12, 19 & 26 May, 5:30—7:30pm

@ Naturellement Garden Cafe (AC room)

Four experiential practice sessions—based on principles of Nonviolent Communication (NVC)—to bring your awareness and competency to the next level. A powerful process for deepening connection—with yourself and others. We will explore the concepts and skills through exercises and role plays.

- Listen with empathy; Recognise and speak from your underlying needs; Express yourself honestly without blame or judgment; Build a foundation for more compassionate and authentic relationships

Inquiry & contact: 9159856148 WA, [Registration link](#)

Honor

MINDFULNESS WITH HELEN IN MAY

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness.

Helen also offers one-on-one sessions and private group sessions in person and online on request.

- Details & bookings: 7094753054 WA or innersightav.org

Introduction to Mindfulness workshop

- Saturday, 9 May, 3—5pm

Discover how to find inner calm in the chaos of everyday life. Learn simple techniques to steady the mind and connect with presence, clarity, and joy.

This workshop is perfect for anyone wanting a calmer, more present way of being, or a deeper understanding of what mindfulness is.



Mindfulness Kindfulness—Mini-retreat

- Saturday, 16 May, 9:30am—12:30pm
- and online Sunday, 24 May 2:30—4:30pm

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts.

Everyone is warmly welcomed. Participants can choose to sit on a cushion, mat or chair & will hold silence throughout the retreat to allow inner deepening.



Mindfulness Based Stress Reduction 1-week course

- Monday, 25 to Saturday, 30 May
- 7:30am—9:30am, Monday—Friday
and 9:30am—4pm, Saturday

This evidence-based course blends ancient mindfulness practices with neuroscience research. It offers practical tools to work with stress, anxiety, burnout, physical & emotional pain whilst building resilience, focus & presence.



It supports those facing work pressure, relationship struggles & health concerns as well as those wanting to see deeper into their patterns, mind & true nature. Suitable for beginners as well as those looking to deepen their practice.

Helen

IMPROVISATION, VOICE, MOVEMENT & SELF-AWARENESS

Monday, 2—4pm and Wednesday, 2—5pm @ CRIPA

IMPROVISATION, VOICE, MOVEMENT & SELF-AWARENESS
A process-based training inviting self-discovery, sincerity, creativity, authentic expression and embodiment.

A process-based training inviting self-discovery, sincerity, creativity, authentic expression and embodiment.

No fixed method/approach but a flexible process of discovery adaptive to each participant's journey, rooted in self-inquiry & awareness, learning through experience, reflection & collaboration. A space to experiment, fail, and discover.

It involves public speaking fundamentals, voice & movement practices, improvisation & scene creation, listening & body intuition, monologue work, reading and reflecting on Mother and Sri Aurobindo's texts, journaling & reflection.

Develops your confidence & stage presence, voice, breath & body awareness, emotional flexibility, authentic expression

For who? Those who thirst for progress, those seeking and interested in self-discovery.

Facilitator: Misha (Mike)

For queries: misha@auroville.org.in

Misha

ACTIVITIES BY ELA THOLE @ INSIDE INDIA



Integral Yoga of Sri Aurobindo and The Mother: Introduction

• Saturday, 9 May, 9am—12:30pm

Join us for a reflective and insightful session with Ela Thole as she guides us through the essence of the Integral Yoga as envisioned by Sri Aurobindo and The Mother.

This workshop offers a space to understand the foundations of their teachings more deeply and places them in dialogue with the traditional paths of Indian spirituality.

Whether you are new to this philosophy or wish to deepen your practice, this session is open to all.

Workshop: The Integral Yoga of Sri Aurobindo and The Mother—Insights into its Practice

• Sunday, 10 May, 9am—12:30pm

This workshop identifies basic elements of Integral Yoga practice and creates a space to explore how this yoga can be consciously woven into daily life—at work, in the challenging moments of life, and in silence.

Through guided contemplation, participants are invited to discover how divine presence, inner openness, and receptivity can become steady companions on the path.

Whether you're new to Integral Yoga or looking to deepen your practice, this session is open to all.

- Inside India, Office No. 2, Kalpana, Auroville
- info@insideindiaauroville.com
- +91 8524953838/ 0413 2622047

Contact us to book your spot!

Submitted by Shaheen

LONELINESS LISTENING CIRCLE



Thursdays, 7, 21 May, 4, 18 June, 6—8pm

Most of us share the experience of coming to Auroville because we could not fit into the old culture and values. Our aspirations, joy, and pain were not seen, heard, understood, or valued enough, which created a sense of loneliness. This sense of loneliness can stay within us, often without our awareness, even after coming to Auroville, and may limit the way we live here.

Loneliness can be present even when one has friends, relationships, or spends a lot of time with people, if one is not seen and heard for who they are and what they are experiencing. Often, it remains unspoken and quietly carried.

This listening circle intends to create a space for authentic human connection through sharing without the fear of being judged, and through pure listening without thinking of a reply.

All participants are required to consent to a confidentiality agreement before joining the circle.

No contribution is expected; you may offer a donation for the hall if you can. Guests are also welcome to join the circle.

- [Register here before 5pm on the day of the circle:](#)

Raamkumar, 9943211101

WORLD GAME FOR ADULTS AND CHILDREN

“Where contemplation meets playfulness and transformation.”



This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to “know oneself”, this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour.
- Individual session or together with a good friend.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers.
- Languages: English, Francais, Nederlands.

+919488084952 WA, Aikya

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.



Offered by Kardash, whose training has been based on the wisdom and techniques of:

- Ericksonian Clinical hypnotherapy
- Neurolinguistic programming (NLP)
- The Enneagram of Character Fixation
- Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy.

- Meetings can be in-person in Auroville or online.
- For more details see www.innersightav.org or +91 9940934875 WA

Kardash

CLOWN & PRESENCE WORKSHOP

Mondays, 2—6pm, @ CRIPA, Small hall

We are happy to invite you to Clown & Presence workshop

We will explore games and techniques drawn from Clown training, physical theater and vocal research.

Our focus will be on developing intuition, deepening body awareness as a channel for expression and communication, and cultivating presence through active listening.

Through collective and individual play we will learn to embrace spontaneity, expressing emotions with authenticity, and reveal our unique essence.

- Further info misha@auroville.org.in

Mike



PITANGA CULTURAL CENTRE MAY



PITANGA For info & registrations:
CULTURAL CENTRE info@pitanga.in, 0413 2622403 / 9443902403 WA

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Sivananda Hatha Yoga	7:30—9am	Nikki
	Yoga Therapy	8—9:30am	Gala
	Doing No-Thing Consciously	4:15—5:15pm	Mike
	Iyengar Yoga	5—6:30pm	Olesya
Tuesday	Yoga: Restore & Relax	5—6:30pm	Florina
Wednesday	Sivananda Hatha Yoga	7:30—9am	Nikki
	Yoga Therapy	8—9:30am	Gala
	Dynamic Yoga Flow	5:30—7pm	Florina
Thursday	Iyengar Yoga	7—8:15am	Olesya
	Prana Kriya	7:30—9am	Florina
	Aviva Exercise—for women only	4:30—5:30pm	Suriyagandhi
	Iyengar Yoga	5—6:30pm	Olesya
	Yoga: Restore & Relax	5:30—7pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants,	6:45—8:15am	François & Namrita
	Sivananda Hatha Yoga	7:30—9am	Nikki
	Yoga Therapy	8:15—9:45am	Gala
	Dynamic Yoga Flow	5—7pm	Florina
Saturday	Iyengar Yoga	7—8:15am	Olesya
	Breathing & Mudras	8—9:30am	Gala
	Truth Based Relationships, practical sessions	2:30—4:30pm	Juan Andres
	Iyengar Yoga	5—6:30pm	Olesya

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine) Chiropractic
Auromira	Shamanic Healing
Francesca F	Antigymnastique®
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Olesya	Visceral Massage
	Neurology Massage
	Psychosomatic of diseases
	Women’s Health Therapy

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/families	3—5pm	Gala

New Activities

Sivananda Hatha Yoga—with Nikki (Nicola)

- Mondays, Wednesdays & Fridays, 7:30am—9am

Hatha Yoga in the Sivananda lineage—open to all levels. Following a *Prāṇāyāma* session (breathing exercises), the class will move into an invigorating sequence of classical hatha yoga *Āsana* (postures) with emphasis on the breath and on relaxation. We progressively work towards prolonged holding of the postures. In *Savāsana* (final relaxation) we bring about physical, mental and spiritual relaxation.

Pitanga joins Auroville’s journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA,
info@pitanga.in

VIPASSANA GROUP SIT

Every Sunday, 9am—12pm
@ Udavi school, near tank, Edayanchavadi

Dear Meditators, you are all very welcome to the weekly half-day Vipassana meditation course for “old students” only (meaning for those who have completed at least one 10-day course as taught by SN Goenka).



- First building to the left near the parking. [Location](#). No registration is required.

You can come for the whole course or just drop in for some time whenever you want. Please keep your cell phones off or in airplane mode for the duration of the course.

8807434864, Laure

WEEKLY SESSIONS

in Vedic Philosophy

Saturdays, 3:30—4:30pm IST

I host a free, weekly live session where we explore one idea from Vedic philosophy and reflect on how it applies to everyday life.



Each week, we take a concept from the Vedas, Gita, Upanishads, Yoga Sutras, or related texts, understand it in simple language, and sit with one small question or practice for the coming days. The sessions are conversational and reflective. About 30 minutes of sharing, followed by quiet reflection or a gentle interactive activity. This free to join.

You can join any week and step away anytime.

If this feels interesting, please register here:

<https://online.allthingsvedic.in/courses/Snippets-of-Hindu-Vedic-Philosophy-by-Vikram-Devatha>

Vikram

VÉRITÉ PROGRAM, MAY

www.verite.in

- 0413 2622045, 2622606
- 9363624083, programming@verite.in,



Classes

Days	Drop-in Classes	Timings	Presenters
Tuesdays	Hatha Yoga in the Sivananda Lineage	7:30—8:30am	Nikki
Wednesdays	Yoga Asana: Deep Stretch and Relaxation	7:30—8:30am	Radha
	Somatic Explorations	9:15—10:15am	Radhika
Thursdays	Hatha Yoga in the Sivananda lineage	7:30—8:30am	Nikki
	Yoga for Back Care	5—6pm	Keshav
Fridays	Yoga Asana: Deep Stretch and Relaxation	7:30—8:30am	Radha
	Slow Vinyasa Yoga	5—6pm	Keshav
Saturdays	Pranayama and Meditation:	7:30—8:30am	Radhika
	Cool Down Pranayama	5—6pm	Mamta

Therapies:

Pre-registration required

Therapist	Therapies (by appointment only)
Ashok	Acupressure Therapy
	Cupping Therapy
	Deep Tissue Massage Therapy
	Foot Reflexology
	Integrated Deep Tissue Massage & Acupressure Therapy
Mamta	Holistic Face & Neck Massage Therapy
Mila	Biodynamic Craniosacral Therapy
Nikki	Swedish Massage
	Pregnancy Massage
	Postnatal Massage
	Baby Massage
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8—Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care with Indigenous Herbs
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Radhika	Craniosacral Somatic Therapy
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Susan	Heart-Centered Resilience
Veeramani	Physiotherapy & Rehabilitation
Vyshnavi	Aromatherapeutic Massage for Face and Feet
	Energy Healing Reiki
	Holistic Foot Reflexology

Workshops. Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Saturday, 2 May	Awareness Through the Body: Explorations	9:15am—12pm	Amir
	Introduction to Ayurveda & its Lifestyle	2—4pm	Dr.Geeta
Saturday, 16 May	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr.Geeta
Friday, 22 May	Face & Eye Yoga: Face Your Self	3—5:30pm	Mamta

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

- Saturday, 16 May, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Face & Eye Yoga: Face Yourself with Mamta

- Friday, 22 May, 3—5:30pm

The physical & mental state of our inner world determines how we experience our outer world, and our sense organs are the tools for each experience we have. Face & Eye Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve the efficiency of our organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise in this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Hon

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring.

Working from Monday to Saturday **only by appointment call or WA: 9443635114.**

Meha for Auromode SPA



REGULAR YOGA CLASSES

@ SAIER Conference Hall

6:45—8am

Suitable for all levels. Join Dev's yoga classes.

- To transform your Physical, Vital & Mental wellbeing
- Support lifestyle disorder & pain management

Our yoga classes:

- Monday: Hatha yoga class
- Tuesday: Dynamic Yoga
- Wednesday: Deep stretches, deep relaxation, OM chant
- Thursday: Intensive Yoga
- Friday: Pranayama (Awareness of breath)

For more details contact 9790171722, Dev

- Aurovilian & Newcomer: Contribution,
- Savi Volunteers: Rs. 200/class or 2000/month &
- Guests: Rs 300/class or 3000/month

Dev

ARKA WELLNESS CENTER PROGRAM, MAY
arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Pepe	<ul style="list-style-type: none"> Body Logic, Soft Massage, Deep Tissue Massage Monday to Saturday By appointment, +91 9943410987
Silvana (TOS)	<ul style="list-style-type: none"> Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English</i> & <i>French</i>	<ul style="list-style-type: none"> Psychospiritual Introspective Tarot Reading Deconditioning Self Inquiry I Ching oracle Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	<ul style="list-style-type: none"> Integral Regression therapy Integral Reiki healing Holotropic technique breathwork Monday to Sunday, by appointment only +91 7041391995, narayani-nc@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	By appointment only, +91 9047722740
Rotem	Low impact strength training	Tuesday & Thursday, 7:30—8:30am By appointment only, +91 8056888715
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
- maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
- aditivva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

For any details and queries, you can contact us at

- arka@auroville.org.in, 0413 2623799 Ramana

NEWS FROM



Auroville Language Lab

Please register through the following contact options

- +91 4132623661,
- +91 9843030355 WA
- info@aurovillelanguagelab.org
- <https://www.aurovillelanguagelab.org/registration>

Language Lab Building Tours with Mita

The Language Lab warmly invites you to discover the Auroville Language Lab building through a guided tour highlighting its thoughtful design and inspiring approach to sustainable, healthy, and conscious construction.

- Every Saturday, 3—3:45pm, by free contribution
- Registration mandatory by Friday, **no drop-ins:** +91 98430 30355
- Drop-ins:** Also welcome, open to everyone

Come explore this stellar example of mindful architecture and learn more about the vision behind the building. We look forward to welcoming you!

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Current Schedule of Classes, 7 May

- <https://aurovillelanguagelab.org/current-schedule/>

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Beginner Conversation with Ashwini	36-Hours, 3 months, Starting 18 March	4–5pm Monday, Wednesday & Friday
French	Intensive with Isabelle—NEW!	20-hours, 2 weeks Starting 18 May	11am–1pm Monday to Friday
Mandarin Chinese	Survival Conversation with Shiju Hsieh	24-hours 2 Weeks, 4 May	Monday to Friday 10–11:30am
Tamil	Intermediate with Saravanan	24-Hour, 3 months, 17 February	9:30–10:30am, Tuesday & Friday
German	Beginner with Verena	36-Hour, 3 months Starting: 3 March	9–10:30am Tuesday & Friday
Hindi	Beginner with Ashwini	24–Hours, 2 months, Started 6 April	5–6pm Monday, Wednesday & Friday

Private one-on-one classes:

- Possible for all languages
- Please inquire

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions usually happen weekdays from 5–6pm (barring exceptions) as follows:

- **Mondays:**
 - French, 5—6pm
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Wednesdays & Thursdays:**
 - Sanskrit chanting with Remesh 5:30—6:30pm

Communication with the Lab:

- Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).
- For language-related matters: +91 9843030355WA.
- For Tomatis: please use 0413 3509932.
- [Language Lab Brochure](#)
- Register now:
 - info@aurovillelanguagelab.org or
 - www.aurovillelanguagelab.org/registration

Mita



11—17 May, 1:30pm

Looking for a way to beat the heat and keep the little ones entertained? Cinema Paradiso is thrilled to announce our summer special children's movie series!

Whether you are looking for high-flying adventure, laugh-out-loud comedies, or heartwarming classics, we have curated a lineup that is perfect for the whole family. Welcome for these upcoming series.

Uma Melin

CINEMA PARADISO

Multimedia Center (MMC) Auditorium



Film Program 11—17 May

Doors open 15 mins before the screening, kindly arrive on time, avoid crossing in front of the screen or using mobile phones inside the theatre. Enjoy the journey!

Monday, 11 May, 8pm

Lava Kusa

C. Pullaiah, C.S. Rao, 1963, 2h 33m. Tamil Drama/ Musical. Valmiki was the composer of the first Sanskrit poem (the Adikavya) known the world over as the epic Ramayana (Story of Lord Rama), hence he is called the Adikavi or First Poet—the Poet of Poets of India. This movie deals with the later part of Ramayana written by Valmiki Maharshi and depicts the lives of the sons of Rama & Sita.

Tuesday, 12 May, 8pm

When Chickens Have Teeth

French Comedy-TV movie 2012, 1h 30m. Director: Bertrand Van Effenterpe, Pascale Chouffot. Stars: Vincent Guillaud, Armelle Deutsch. Arman, a father trying to regain the trust of his son and the love of his wife teams up with Clementine, an investigative journalist in a desperate search to find a chicken to take home for dinner.

Wednesday, 13 May, 8pm

Snadný život (An Easy Life)

Miloš Makovec, 1957, Czech feature film, English subtitles. Director: Miloš Makovec. Genre: Drama/ Morality. Set in 1950s Prague, the film explores the life of Boris Trojan, a university student who seeks an "easy life".

Thursday, 14 May 8pm

Blue Planet

Documentary



Saturday, 16 May, 8pm

The Little Princess

Drama, 1939. Starring Shirley Temple, this version was created as a vehicle for morale during the late Depression era, it remains a classic study in how cinema can be used to uplift the human spirit during times of global struggle.

Sunday, 17 May, 8pm

I Love Lucy

Drama, 1939. Directors: Mark Daniels and Edward Sedgwick, Stars: Lucille Ball, Desi Arnaz, Vivian Vance. 81m.

Submitted
by Uma Melin

ECO FILM CLUB
Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.



- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 8 May: The Elephant Whisperers

2023, 41 minutes, Kartiki Gonsalves & Guneet Monga
 An Indian documentary short, won the Oscar for Best Documentary Short Film in 2023, following the story of a couple, Bomman and Bellie, who care for an orphaned baby elephant named Raghu in Mudumalai National Park, highlighting their bond and the importance of wildlife conservation.

Aviram

Emergency Services

EMERGENCY SERVICES

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2910005
- Santé—0413 2622803; Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation—9999666555

India Emergency Response Service (24/ 7):

- 108



About N&N



NEWS AND NOTES
Guidelines

Visiting hours: Monday & Tuesday, 10am—12pm

Hard deadline for submissions: Tuesday 3pm

AgniJata & Alexey,
NewsAndNotes@auroville.org.in

Accessible Auroville Public Bus

 Auroville TO PONDICHERRY			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35
 Pondicherry TO AUROVILLE			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Submitted by Raju, avbus@auroville.org.in